

## January Newsletter - Updates on the NASPLY project!



### Newsletter overview

- Training Course on Social Permaculture for Youth Workers
- NASPLY Transnational meeting in Dresden - December 2023
- Growing a Sustainable Future: Empowering Youth through Green Entrepreneurship and Social Permaculture
- Trails of Training Course on Social Permaculture for Youth Workers in Cyprus, Italy, Germany and Malta!
- Call for Youth workers & Youths for Nature and Social permaculture Toolkit trials in 2024!
- Learn more about NASPLY project



### About the project

NASPLY stands for Nature and Social Permaculture Learning for Youth.

NASPLY is about building resilient communities with the engagement of youth educators, and youths, primarily NEETs.

## Training of online course on Social Permaculture for Youth Workers!



### Exciting News!

NASPLY unveils a game-changing training program tailored for youth workers & educators, focusing on supporting vulnerable youth. Our 'train-the-trainers' model empowers participants to ignite positive change. Cultivating competencies in permaculture, the curriculum spans 3 modules covering

- Social permaculture and resilient communities
- Nature ecosystems and permaculture design
- Life-skill development through permaculture learning

Trials in Cyprus, Italy, Malta & Germany fuelled this initiative's expansion across partner countries, ensuring global relevance. Now available in English for FREE! YouthPass certification is provided to those who successfully complete the online course! Translations in Italian, Greek, German, & Spanish are underway, broadening our impact. Stay tuned for more! Join us in shaping a brighter future for our youth. #NASPLY

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## TRIALS OF SOCIAL PERMACULTURE ONLINE COURSE FOR YOUTH WORKERS IN CYPRUS, ITALY, GERMANY AND MALTA!

The Trials of the training Course on Social Permaculture for Youth Workers across Cyprus, Italy, Germany, and Malta showcased diverse experiences. In Limassol, Cyprus, an engaging session with 18 participants highlighted the curriculum's positive impact, fostering effective conveyance of permaculture concepts to young minds. In Dresden, Germany, the trials epitomized interactive learning, featuring lively discussions on permaculture ethics and hands-on gardening activities that resonated with community engagement. Meanwhile, in Italy, sessions led by La Fenice APS offered valuable insights into sustainability where participants engaged in module presentations and website revision. Participants saw social permaculture as a tool for fostering citizenship and personal skills in youth.

Similarly in Malta, PRISMS united 19 youth workers and educators, whom acknowledged the necessity of such projects to fill the knowledge gap among youth workers and educators. Many committed to dedicating more time to grasp the material, recognizing its potential significance in their daily work with youth. Collectively, there's a resounding acknowledgment of the course's potential impact, fostering a commitment to delve deeper into the material for its integration into daily work with young individuals.



## Growing a Sustainable Future:

## Empowering Youth through Green Entrepreneurship and Social Permaculture p.1

The article highlights the critical role of youth in advocating for environmental sustainability, emphasizing the rise of green entrepreneurship as a model that prioritizes eco-friendly practices over profit, and introduces the concept of social entrepreneurship, where businesses aim to address social issues rather than solely pursuing financial gains.



As the climate crisis intensifies and the window for corrective action narrows, the global community is becoming increasingly alert to the need for sustainable practices. From alarming rates of deforestation to rising sea levels, the urgency of the environmental issues we face cannot be overstated. One group that has been especially vocal and active in advocating for environmental sustainability is the youth. Whether it's through climate strikes, social media campaigns, or innovation, young people are playing a crucial role in driving positive change. Against this backdrop, green entrepreneurship has emerged as a transformative model that perfectly aligns with the zeal and idealism of the younger generation.

These are forms of business enterprise that go beyond the traditional goal of maximizing profit. In Green Entrepreneurship, the primary focus is on creating eco-friendly products or services and implementing sustainable business practices. The goal is to have a positive environmental impact, reducing waste, emissions, and energy use, rather than simply generating economic gains. Similarly, Social Entrepreneurship is driven by the motive to address social issues or meet the needs of marginalized communities. Social entrepreneurs start businesses that make the world a better place, focusing on helping society rather than just making a profit. They think of making income as a way to keep their projects going and help even more people, not as the main goal. This makes them different from regular entrepreneurs who mainly care about making lots of profit.



## Growing a Sustainable Future:

## Empowering Youth through Green Entrepreneurship and Social Permaculture p.2

Social permaculture aims to establish resilient, socially just, economically productive, and environmentally sound communities. It strives to strengthen bonds among communities and advance a sense of belonging and connection to the natural environment by encouraging cooperation, collaboration, and mutual support. It deals with issues like fostering communities, economic resilience, social justice, and sharing of knowledge.

The opportunity to drive impactful change has never been more accessible for young people, particularly in the realms of green entrepreneurship and social permaculture. If you're a young individual interested in making a difference, there are multiple pathways you can take to contribute to these forward-thinking paradigms.

Get inspired by these social permaculture projects:

- [Incredible Edible](#),
- [Sarvodaya Shramadana Movement](#),
- [Damanhur Community](#),

The convergence of green entrepreneurship and social permaculture presents an unparalleled opportunity, especially for young people eager to make a difference. These arenas offer not just avenues for financial success or community cohesion, but a holistic pathway to address some of the most pressing issues of our time – sustainability, social inequality, and community resilience. By embracing these multifaceted approaches, young individuals are not merely tinkering at the edges of change; they are stepping into roles as essential catalysts for meaningful transformation. The opportunity to make a tangible, lasting impact in both local communities and the broader world is not just a dream – it's a tangible reality that can be grasped today. The tools, knowledge, and networks are there for use. It's up to the young visionaries among us to seize them and create the world they wish to live in.

If you want to learn more about the concept of social permaculture and green entrepreneurship, and be part of our team participating in interactive learning sessions and sharing your experiences and knowledge, check out and follow the [NASPLY project website](#).

To delve into permaculture's concept and methodology, check out the following podcasts:

- Podcast [Regenerative Skills](#)
- Podcast [Building Your Permaculture Property](#)



## NASPLY Transnational meeting in Dresden - December 2023

Our partner Jugend- & Kulturprojekt e.V. from Dresden, Germany (JKPEV) hosted the NASPLY project consortium in their venue on the 11th and the 12th of December 2023. This gathering revolved around reviewing progress, particularly the impactful Training Course on Social Permaculture for Youth Workers, now available online[1]. Discussions delved into trial experiences and crucial feedback, culminating in finalizing the Nature and Social Permaculture Toolkit.



The meeting reaffirmed objectives: breaking barriers for youth in permaculture, empowering youth workers for inclusivity, and creating engaging content for environmental NGOs to reach disadvantaged youth. Embracing continuous dissemination, the focus remained on professional growth and engaging youth and NEETs in crafting transformative permaculture spaces. This meeting was a pledge toward a more inclusive and sustainable future.

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## Share & Learn about Social Permaculture

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### CORE ETHICS OF PERMACULTURE

**Earth Care**

Earth Care calls for responsible stewardship of the environment, recognizing that the health of the planet is essential for our own well-being.

Just as we tend to the land, we must also care for our bodies and minds; in consuming locally sourced foods and reducing waste, we promote our own physical and mental health. Mindfulness and connection to the natural world can lead to a deeper sense of purpose and well-being.

**People Care**

People Care emphasises the importance of nurturing and supporting one another within communities.

Self-development often involves building healthy relationships and fostering a sense of belonging. Permaculture's focus on collaboration and cooperation can inspire a more compassionate approach to our own personal development.

**Fair Share**

Fair Share encourages the just distribution of resources and recognizes the limits of the Earth's capacity to provide for our needs.

In self-development, we must find balance and harmony in our lives. This ethic reminds us to avoid excess and greed, instead promoting a balanced approach to our own desires and needs. By doing so, we can lead more fulfilling lives and contribute to a fairer, more sustainable world.

Friends of the earth malta, GENERATION (CHANGE?) YOUTH FOR A BETTER TOMORROW, JKPEV, cantabria perma cultura, Co-funded by the European Union

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### Crafting a Social Permaculture Workshop?

Keep these tips in your toolkit!

<p><b>Define the workshop goal</b></p> <p>Determine the primary objective of the workshop and what participants should take away.</p>	<p><b>Know Your Audience</b></p> <p>Tailor your approach and methods to match the characteristics and needs of your target audience.</p>	<p><b>Address Different Learning Styles</b></p> <p><b>Visual Learners</b></p> <p>Use visual aids like diagrams, charts, and colour coding. Include reading materials and visual content like videos and images.</p> <p><b>Kinaesthetic Learners</b></p> <p>Promote hands-on activities, interactive exercises, and movement. Encourage group discussions and use tangible objects or props.</p> <p><b>Auditory Learners</b></p> <p>Foster discussions, debates, and group conversations. Provide verbal explanations, lectures, and auditory resources. Utilize rhymes, songs, and mnemonics for memory aid.</p>	<p><b>Consider Workshop Space</b></p> <p>The venue will influence your workshop approach, so plan accordingly.</p> <p><b>Facilitate, Don't Control</b></p> <p>Create a safe and open environment for participants to be creative and share their ideas.</p>	<p><b>Prepare for the Unexpected</b></p> <p>Be adaptable and ready to adjust plans as needed during the session.</p> <p><b>Close the Session</b></p> <p>Summarize the session and outline next steps and follow-up actions.</p>
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### What is GREEN ENTREPRENEURSHIP?

- Young innovators making businesses with an environmental mission.
- Creative solutions for a greener, healthier planet.
- Turning concerns about harm to Earth into positive action.

**Who is GREEN ENTREPRENEUR?**

- Make existing businesses eco-friendly or start green enterprises.
- Embrace green technologies across sectors.
- Possess qualities like risk-taking, eco-friendly operations, and a strong commitment to the environment.

**How They Make a DIFFERENCE:**

- Solution finders fixing environmental issues.
- Influence resource use and promote eco-friendliness.
- A force for positive change in society.

**Green Entrepreneurship meets SOCIAL PERMACULTURE**

- Unite to address pressing issues: planet health, societal fairness, and community strength.
- Opportunity for young visionaries to shape a better world.

**Do YOU want to be a GREEN ENTREPRENEUR?**

- Online Environmental Activism:
- Start a blog, YouTube channel, or social media campaign.
- Raise eco-awareness and inspire action.

**Youth-Led Conservation Projects:**

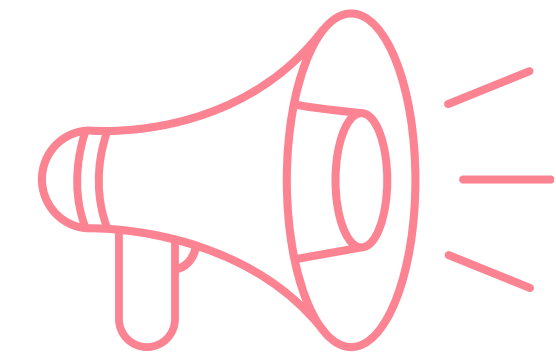
- Join or initiate a conservation group with peers.
- Projects like reforestation, species protection, and habitat restoration.

**Upcycled Art and Crafts Initiative:**

- Create an art or craft business using upcycled materials.
- Reduce waste and foster creativity and innovation.

GENERATION (CHANGE?) YOUTH FOR A BETTER TOMORROW, Friends of the earth malta, JKPEV, cantabria perma cultura, Co-funded by the European Union

## CALL FOR YOUTH WORKERS & YOUTHS FOR NATURE AND SOCIAL PERMACULTURE TOOLKIT TRIALS IN 2024!



Are you passionate about empowering young minds through hands-on experiences while nurturing a sustainable future? We invite you to be a part of an incredible opportunity in 2024!

### What's Happening?

We're initiating trials for the Nature and Social Permaculture Toolkit and seeking dedicated youth workers and educators eager to delve into practical sessions with youths and young individuals (ages 16-28).

This unique endeavour aims to:

- Equip you with a comprehensive program guide tailored for youth workers.
- Provide a self-reflection workbook specially designed for young participants.
- Offer a Green Entrepreneurship manual, empowering youths with skills for sustainability.

This initiative will serve as the cornerstone for youth educators, furnishing them with detailed session plans forming a long-term guide for facilitators. These sessions will create a roadmap with engaging methodologies, placing the participants as co-creators in crafting their gardens.

This journey isn't just about gardens; it's about fostering resilience, skills, and a sustainable mindset in the next generation. Join us in shaping a brighter, greener future!

If you're excited about this initiative and want to be part of this transformative journey, please follow your local partners in Cyprus (RESET), Germany (JKPEV), Italy (APS LA Fenice), and Malta (Generation (Change?)) to stay updated.

[Learn more by following your local organisation via www.nasplyproject.eu/partner/](http://www.nasplyproject.eu/partner/)

## Learn more about NASPLY

The project NASPLY is a cooperation partnership that aims to tackle the environmental and climate crisis, increase social inclusion, increase life-skills of marginalised youth and improve wellbeing through the holistic permaculture approach that focuses on building resilience in communities, answering to the needs of young people.

We will use Social and Nature Permaculture as theory for non-formal learning. Social permaculture focuses on the principles of permaculture design, extrapolated onto a societal level i.e. it looks at creating resilient communities where people understand their worth in society, what their role is in proving this, how they can learn from nature to have a strong social ecosystem.

NASPLY focuses on building resilient communities and especially on youth with fewer opportunities.

Through this project, we will develop knowledge for youth workers on regenerative social permaculture for life-skill development for youth, so youth workers will be trained in non-formal education tools to implement social permaculture and facilitate the creation of permaculture gardens with the youths.